

**January**  
Dec 16, 2017

**CCVC**

Breakfast k-8

Franklin Phonetic January

Monday	Tuesday	Wednesday	Thursday	Friday
8 French Toast Sticks Turkey Bacon String Cheese 100% Orange Juice Applesauce Cups 1% White Milk	9 Breakfast Pizza Sausage Cinnamon Toast Crunch Cereal L/S WG Elf Grahams Cinn 100% Apple Juice Craisins 1% White Milk Gogurt	10 Cheesy Eggs WG Bagel w/ Cream Cheese Scooby Doo Graham Stick 100% Orange Juice Sliced Apples 1% White Milk	11 Mini Donuts, WG Chocolate Mini Donuts, WG Powerd Su 100% Orange-Pineapple Ju Orange Smiles 1% White Milk Hashbrown Triangle	12 Blueberry Mini Pancakes Turkey Sausage Patty Cinn/Brn Sgr Poptart WG 100% Orange-Pineapple Ju Banana 1% White Milk Hashbrown Triangle
15 NO SCHOOL TODAY	16 Breakfast Pizza Sausage Cinnamon Toast Crunch Cereal L/S WG Elf Grahams Cinn 100% Apple Juice Craisins 1% White Milk Gogurt	17 Cheesy Eggs WG Bagel w/ Cream Cheese Scooby Doo Graham Stick 100% Orange Juice Sliced Apples 1% White Milk	18 Mini Donuts, WG Chocolate Mini Donuts, WG Powerd Su 100% Orange-Pineapple Ju Orange Smiles 1% White Milk Hashbrown Triangle	19 Blueberry Mini Pancakes Turkey Sausage Patty Cinn/Brn Sgr Poptart WG 100% Orange-Pineapple Ju Banana 1% White Milk
22 French Toast Sticks Turkey Bacon skpr 100% Orange Juice Applesauce Cups 1% White Milk Gogurt	23 Breakfast Pizza Sausage Cinnamon Toast Crunch Cereal L/S WG Elf Grahams Cinn 100% Apple Juice Craisins 1% White Milk Gogurt	24 Cheesy Eggs WG Bagel w/ Cream Cheese Scooby Doo Graham Stick 100% Orange Juice Sliced Apples 1% White Milk	25 Mini Donuts, WG Chocolate Mini Donuts, WG Powerd Su 100% Orange-Pineapple Ju Orange Smiles 1% White Milk Hashbrown Triangle	26 Blueberry Mini Pancakes Turkey Sausage Patty Cinn/Brn Sgr Poptart WG 100% Orange-Pineapple Ju Banana 1% White Milk

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

CCVC  
Breakfast k-8  
Franklin Phonetic January

January  
Dec-18-2011

Monday	Tuesday	Wednesday	Thursday	Friday
29 French Toast Sticks Turkey Bacon skipr 100% Orange Juice Applesauce Cups 1% White Milk Gogurt	30 Breakfast Pizza Sausage Cinnamon Toast Crunch Cereal L/S WG Elf Grahams Cinn 100% Apple Juice Craisins 1% White Milk Gogurt	31 Cheesy Eggs WG Bagel w/ Cream Cheese Scooby Doo Graham Stick 100% Orange Juice Sliced Apples 1% White Milk		

AN ASSORTMENT OF FRUIT IS SERVED DAILY WITH BREAKFAST AND LUNCH (MENU IS SUBJECT TO CHANGE WITHOUT NOTICE) A Carte items must be purchased with monies in student accouts or cash at time of purchase.  
FAT FREE WHITE MILK & 1% WHITE MILK IS AVAILABLE  
"This institution is an equal opportunity provider"

	Average	Weekly Target	% of Target	Average	% of Calories	Weekly Target
Calories	411	400-500	100%	15.14	14.72%	
Cholesterol	32 mg			62.66	9	60.93%
Sodium	446 mg	540		10.72	9	23.45%
Fiber	3.81 g			4.48	9	9.80%
Iron	2.23 mg					<10.00%
Calcium	361.91 mg					
Vitamin A	845 IU					
Vitamin C	10.24 mg					

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