



BREAKFAST

K-8

OCTOBER 2022

Franklin Phonetic Prescott Valley

Choice of 1% white or fat free white milk
offered with each meal.

Menu subject to change due to product availability

Monday

Pop-Tarts
Cheese Sticks
100% Fruit Juice
Raisins

No School

Cinnamon Toast Bar
Honey Grahams Crackers
100% Fruit Juice
Apple Crisps

Mini Chocolate Wheaties
Cheese Stick
100% Fruit Juice
Raisins

Pop-tarts
Crackers
100% Fruit Juice
Raisins

Tuesday

Mini Donuts
Animal Crackers
Apple Slices
Juice

No School

Chocolate Oatmeal Bar
Animal Crackers
100% Fruit Juice
Apple Slices

Donuts
Animal Crackers
100% Fruit Juice
Apple Slices

Wednesday

Bagel & Cream Cheese
Crackers
Applesauce
Raisins

No School

Bagel & Cream Cheese
Crackers
100% Fruit Juice
Applesauce

Nutri Grain Bar
Crackers
100% Fruit Juice
Raisins

Thursday

Blueberry Muffin
Gogurt
100% Fruit Juice
Grape Escape

No School

Chocolate Chip Muffin
Gogurt
100% Fruit Juice
Grape Escapes

Cinnamon Bun
Gogurt
100% Fruit Juice
Grape Escapes

Friday

Cinnamon Toast Cereal Bar
Animal Crackers
100% Fruit Juice
Craisins

No School

Golden Grahams Bar
Animal Crackers
100% Fruit Juice
Fruit Cups

Cocoa Puff Cereal Bar
Honey Grahams Crackers
100% Fruit Juice
Apple Crisps



Mixed veggies-carrot, celery, broccoli, cherry tomato, cauliflower

*Mixed fruit- peach, pear, grape



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MySchoolBucks.com

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